

SIZE GUIDE

MEN'S TOP

SIZE CHART

	CHEST (cm)	WAIST (cm)
XS	86-93	76-81
S	93-98	81-86
M	98-104	86-91
L	104-110	91-96
XL	110-117	96-101
2XL	117-123	101-107
3XL	123-129	107-112
4XL	129-136	112-117

Measurements adhere to desired standards; slight variability may occur.



HOW TO MEASURE

CHEST : Put the tape under your arms at the fullest part, wrap around until your fingers meet, and mark the measurement.

WAIST: Measure around your natural waistline without excessive tightness to allow for some flexibility.

MEN'S BOTTOM

SIZE CHART

	WAIST (cm)	HIP (cm)
XS	76-81	89-94
S	81-86	94-99
M	86-91	99-104
L	91-96	104-109
XL	96-101	109-114
2XL	101-107	114-119
3XL	107-112	119-124
4XL	112-117	124-130

Measurements adhere to desired standards; slight variability may occur.



HOW TO MEASURE

WAIST: Measure around your natural waistline without excessive tightness to allow for some flexibility.

HIPS: Stand with your feet shoulder-width apart and measure around the fullest part of your hips to ensure comfortable movement.